



INSTITUTE OF ADVANCED GASTROENTEROLOGY

Specializing in Digestive, Liver, Pancreatic & Biliary Diseases.

ESOPHAGO-GASTRODUODENOSCOPY PROCEDURE INSTRUCTIONS:

3 DAYS (72 hours) BEFORE PROCEDURE, PLEASE STOP Aspirin, Blood Thinners (like Plavix, Coumadin, Eliquis, Pradaxa, Xarelto, Effient, Brilinta etc.) and NSAIDS (like Ibuprofen, Motrin, Naproxyn, Advil, Aleve etc.) and others like fish oil. If you have any issue stopping these medications, please check with your primary doctor. Your procedure may have to be rescheduled, if these medications are not stopped.

1 DAY BEFORE PROCEDURE:

- ❖ **Regular diet today then NOTHING TO EAT OR DRINK after midnight.**
- ❖ No liquid antacids 24 hours prior to the procedure

ON THE DAY OF THE PROCEDURE:

- ❖ Do take all your prescribed medications (except listed above) with small sips of water.
- ❖ You may have sips of clear liquid **5 hours** prior to the appointment time (see back of the sheet for suggestions).
- ❖ **You must have a driver (responsible adult) to take you back home and stay with you for the next 24 hours. Do not drive or operate machinery, sign legal papers or resume regular activity for until next day after procedure. If you do not have a driver, your procedure will have to be rescheduled.**
- ❖ **Make sure you have your ride's name & cell phone number.** Make sure your ride does not drop you off and leave until you have been checked in. Once checked in, you can inform your ride to leave for 1 hour if they have to leave.
- ❖ Do not wear nail polish or lotion the day of your procedure.
- ❖ You will be given an arrival time, the day before the procedure and your procedure will begin approximately 2 hours after your arrival as this time is needed to complete all the paperwork and pre-op evaluation & prep
- ❖ Plan on being there approximately about **4-5 hours**. This may change on day to day basis depending upon complexity of the cases for that day. **Please make sure to inform your driver.**
- ❖ Please be aware that many patients are being cared for in the surgery center. Your doctor may be required to spend extra time with patients who are in poor health and have special needs. Therefore your procedure may be delayed. You may wish to bring a book or other item to keep you occupied while waiting.
- ❖ **Please bring a list of all your medications to the test and also bring your inhalers if you use any at home.**

*** If you take any sedatives, narcotics, tranquilizers, and anti-psychotic medications on the day of or day before the procedure then it's your responsibility to give the list along with dosages to the procedure Nurse or MD, otherwise these may interfere and cause complications with the medications given during procedure. ***

****DIABETIC PATIENTS:**** On the day of the procedure, take half dose of your usual medications (insulin/pills).

*****If you feel that you need more sugar then take 2-4 tablespoons of sugar itself or mix the sugar with 2-3 tablespoons of water & drink it. You can take this sugar up to 2 hours before your arrival time if needed.*****

WOMEN PATIENTS: Fertile Age- must provide a urine sample before the procedure. If you are pregnant, please call our office to reschedule the procedure. *****No breastfeeding for 3 days after procedure*****

Please make sure you do NOT bring any jewelry or any other valuable items with you, as we will not be responsible for any loss or extra cash other than needed! Please make sure to bring your co-payment on the day of your procedure. If you have to bring cash for your copayment, please make sure to pay when you arrive and all other personal items (cash, purse, wallet etc.) are left at home or should be given to your ride if you decide to bring with you. We will not be responsible for any lost items.

Description: During this procedure only esophagus, stomach and possibly part of small bowel will be evaluated.

Date of Procedure:

If you have any questions and /or problems, call us @ 323-1200 Mon-Fri 8:30am-5:00pm.

Advanced Endoscopy Center @ 9802 Stockdale Hwy, Ste. 101 (661) 616-5300 or (661) 323-1200 (Facility will call you one business day before your procedure for arrival time. If you do not hear from us by 3:00 p.m., please call 323-1200)

******DO NOT ARRIVE EARLIER THAN YOUR ARRIVAL TIME TO AVOID WAIT******

Disclaimer: These are general prep instructions and not intended to replace the advice of your doctor or healthcare provider. We recommend you to discuss with your primary care physician (PCP) before following these instructions, if you have any questions or special concerns.